

ITEM #:24525
BLOUNT SIDES

Case UPC: 00077958245258
 Item UPC: N/A



[REFRIGERATED]

Organic Lentil & Chick Peas

Whole chickpeas and hearty lentils simmered in a flavorful vegetable stock with tomatoes, carrots, onions and spices.

VEGETARIAN - VEGAN - GLUTEN FREE - LOW FAT - GOOD SOURCE OF FIBER - ORGANIC

Nutrition Facts

Serving Size 4 oz (113g)

Amount Per Serving

Calories 110 Calories from Fat 15

% Daily Value*

Total Fat 1.5g **2%**

Saturated Fat 0g **0%**

Trans Fat 0g

Cholesterol 0mg **0%**

Sodium 540mg **23%**

Total Carbohydrate 18g **6%**

Dietary Fiber 5g **20%**

Sugars 4g

Protein 5g

Vitamin A 25% • Vitamin C 4%

Calcium 2% • Iron 10%

*Percent Daily Values are based on a 2,000 calorie diet.

INGREDIENTS: Vegetable Stock* (Water, Vegetable Base* [Carrots*, Tomatoes*, Onions*, Potatoes*, Garlic*, Sea Salt, Dextrose*, Cane Sugar*, Canola Oil*, Spices*, Turmeric*]), Chick Peas* (Chick Peas*, Water, Sea Salt), Lentils*, Tomatoes* (Crushed Tomatoes*, Tomato Puree*, Naturally Derived Citric Acid), Onions*, Carrots*, Contains 2% or less of: Garlic*, Cilantro*, Sugar*, Sea Salt, Canola Oil*, Corn Starch*, Ginger Root*, Turmeric*, Cultured Dextrose* and Spices*.

*Organic Ingredient

Case Configuration:

Case Pack: 4/4lb bags
 Net Weight: 16 lb
 Gross Weight: 17.5 lb
 Case Cube: 0.32

Pallet Information

HI/TL: 4/18
 Cases per Pallet: 72

Dimensions

Length: 12.20"
 Width: 7.30"
 Height: 6.20"

